

284. Good night and good rest

John Johnson

Ground

$\uparrow \uparrow \uparrow$ $\uparrow \overline{\hspace{1cm}} \uparrow$ $\overline{\hspace{1cm}} \overline{\hspace{1cm}} \overline{\hspace{1cm}}$ $\overline{\hspace{1cm}} \overline{\hspace{1cm}} \uparrow$ $\uparrow \overline{\hspace{1cm}} \overline{\hspace{1cm}}$

$\frac{3}{4}$ $\overset{a}{b} \overset{a}{b}$ $\overset{a}{b} \overset{a}{a} \delta$ $\overset{b}{a} \overset{a}{a} \overset{a}{r} \overset{a}{r}$ $\overset{r}{a} \overset{a}{r} \overset{r}{a}$ $\overset{b}{a} \overset{a}{a} \overset{b}{b}$

$\delta \overset{a}{r}$ $\delta \overset{r}{a} \overset{r}{a}$ a $a \overset{r}{a} \overset{a}{a}$ $a \overset{r}{a} \delta$

$\uparrow \overline{\hspace{1cm}} \overline{\hspace{1cm}}$ $\uparrow \overline{\hspace{1cm}} \overline{\hspace{1cm}}$ $\overline{\hspace{1cm}} \overline{\hspace{1cm}} \uparrow$

$\overset{a}{a} \overset{a}{a} \delta \overset{b}{b}$ $\overset{b}{a} \overset{b}{a} \delta \overset{a}{a}$ $\overset{a}{b} \overset{a}{b}$

$\overset{a}{a} \overset{a}{a} \delta$ $\overset{r}{a} \overset{a}{a}$ $\delta \delta \delta$

Repeat 16 times.